# OFFICIAL

Revision:

HCFA-PM-93-1

January 1993

(BPD)

**ATTACHMENT 4.39** 

Page 1

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory:	RHODE ISLAND	
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## DEFINITION OF SPECIALIZED SERVICES

#### SPECIALIZED SERVICES

### Mental Illness

Specialized services do not have to be provided by nursing facilities. The term "Specialized Services" is equated with the level of care provided in psychiatric hospitals, or other intensive programs staffed with trained mental health professionals on a 24-hour/day basis. The patient's care follows the aggressive implementation of a treatment plan developed by an interdisciplinary team including a physician and other qualified mental health professionals and incorporates therapies supervised by these professionals. Treatment is aimed at diagnosing and reducing behavioral symptoms to improve the patient's level of functioning to a point that permits a reduction in intensity of services as soon as possible. While some of these services may be the same as those required to be provided by the nursing facility, it is their intensive level that sets them apart.

#### Mental Retardation

A continuous program for each client, which includes aggressive, consistent implementation of a program of specialized and generic training, treatment, health services and related services that is directed toward: 1) the acquisition of the behaviors necessary for the person to function with as much self determination and independence as possible; and, 2) the prevention or deceleration of regression or loss of current optimal functional status. Specialized Services does not include services to maintain generally independent clients who are able to function with little supervision or in the absence of a continuous specialized services program.

TN No. 94-025 Supersedes TN No. NEW

Approval Date\_3/1/

Effective Date As effective by law or 9/1/94